

Urology Associates of Rochester, LLC

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Pre-Operative Bowel Preparation

1. Begin bowel preparation the day before surgery. Only clear liquids (e.g. Jello, apple juice, 7-up, tea) are allowed before surgery.
2. At noon, have a clear liquid lunch.
3. At 2 PM, take one 500 mg Flagyl tablet with as much water as you wish.
4. At 4 PM, take 3 tablespoons (1 1/2 oz.) of Fleet Phospho-soda in a half, and (4 oz.) of water. Then drink 8 oz. of water every hour for 4 hours.
5. At 6 PM, have a clear liquid dinner.
6. At 10 PM, take one 500 mg Flagyl tablet with as much water as you wish.
7. At 11 PM, take one 500 mg Flagyl tablet with as much water as you wish.
8. **DO NOT EAT OR DRINK ANYTHING AFTER MIDNIGHT.** If you have been asked to take medications on the morning of surgery, you may do so with only a small sip of water.

*****IMPORTANT-DO NOT HAVE ANY ALCOHOL WHILE TAKING THE
FLAGYL*****

If you have any questions or concerns, please call us at **(585) 232-2980**.