

# **Urology Associates of Rochester, LLC**

**995 Senator Keating Blvd., Building E, Suite 330  
Rochester, NY 14618**

## **Circumcision**

Circumcision is a surgical procedure that involves the removal of foreskin around the penis.

### **PREPARING FOR SURGERY: THINGS YOU SHOULD KNOW**

1. You will be admitted to the hospital outpatient area the day of your surgery.
2. If you are on IBUPROFEN or drugs for ARTHRITIS or INFLAMMATION, please discontinue taking 5 days prior to your procedure. If you are on ASPIRIN PRODUCTS, please discontinue 2 weeks prior to your procedure. If you are taking HERBAL SUPPLEMENTS, please discontinue one week prior to your procedure.
3. If you are on COUMADIN, please consult your primary care physician or cardiologist before discontinuing.
4. If you take antibiotics prior to dental work, have an orthopedic prosthesis, or were told by another physician to take antibiotics prior to surgery, please call the office.
5. If you take blood pressure medication, thyroid medication, or seizure medication, you may take it with a sip of water the morning of your surgery.
6. No eating or drinking after midnight the night before your surgery except for blood pressure or heart medication as mentioned above.
7. No alcohol 24 hours prior to surgery.
8. We suggest you wear comfortable clothing.
9. You will be receiving either local regional or general anesthesia for your procedure. You will meet with an anesthesiologist prior to surgery.

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### RECOVERING FROM SURGERY: WHAT TO EXPECT

1. You will be discharged 30 minutes to 2 hours after your surgery based on how you are feeling.
2. You should have a driver take you home from the hospital.
3. You will receive a prescription for pain medication after your surgery.

Do not take: ASPIRIN, COUMADIN, HERBAL SUPPLEMENTS, or any blood thinners for at least 3 - 5 days after your surgery. Your physician will give you specific directions.

### INSTRUCTIONS: POST CIRCUMCISION

#### **ACTIVITY:**

It is ok to take a shower. Be sure to dry the area thoroughly. **NO BATHING!**

#### **DRIVING:**

Do not drive while on pain medication.

#### **SEXUAL ACTIVITY:**

**NO SEXUAL ACTIVITY** until seen at follow-up.

#### **PAIN MEDICATION:**

You have been given a prescription for pain medication to take at home when discharged from the hospital. Take the medication as needed.

#### **ASPIRIN/BLOOD THINNERS:**

Do not take any aspirin or aspirin containing products, or arthritis medication. You may take Tylenol for discomfort.

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### **INCISION CARE:**

1. Apply ice to the area with an ice bag. Do not apply ice directly to the skin.
2. If dressing is applied, remove as directed.
3. Apply antibiotic ointment to the surgical area 2-3 times every day for one week.

If bleeding occurs: Apply pressure with a clean gauze pad or napkin between two fingers for 5 minutes. If bleeding continues, call the office at (585) 232-2980.

### **FOLLOW-UP:**

You will be seen in the office approximately 4 weeks after the procedure.

If you experience severe discomfort, abdominal swelling, or bleeding not stopped with pressure, call the office at **(585) 232-2980**.