

# Urology Associates of Rochester, LLC

995 Senator Keating Blvd., Building E, Suite 330  
Rochester, NY 14618

## Cystolithopaxy

This will be done at the General Evaluation Center: 1415 Portland Avenue, Suite 350.

Cystolithopaxy is breaking up of a stone within the bladder.

### **PREPARING FOR SURGERY: THINGS YOU SHOULD KNOW**

1. You will be admitted to the hospital the day of your surgery. You will be discharged when you are fully awake, alert and taking fluids by mouth. Usually it is about two hours after your surgery.
2. If you are on IBUPROFEN or drugs for ARTHRITIS or INFLAMMATION, please discontinue five days before the procedure. If you are on ASPIRIN or aspirin products, please discontinue two weeks before the procedure. If you are on HERBAL SUPPLEMENTS, please discontinue one week before the procedure.
3. If you are on COUMADIN, please consult your primary care physician or cardiologist before discontinuing.
4. If you take antibiotics prior to dental work, have an orthopedic prosthesis, or were told by another physician to take antibiotics prior to surgery, please call the office.
5. If you take blood pressure medication, you may take it with a sip of water the morning of your surgery.
6. No eating or drinking after midnight the night before your surgery except for blood pressure medicine as mentioned above.
7. No alcohol for 24 hours prior to surgery.
8. We suggest that you wear comfortable clothing.
9. You will be receiving anesthesia for this surgery. You will see an anesthesiologist who will discuss this with you prior to your surgery.
10. You will need a driver to accompany you. You will be unable to drive after the procedure.

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11. You may have a catheter in place after the procedure. This may stay in for up to one week after the procedure. A small amount of leakage around the catheter is common.

### **INSTRUCTIONS: POST CYSTOLITHOPAXY**

#### **DIET:**

1. It is okay to eat or drink whatever you want.
2. We encourage you to increase your fluid intake.

#### **ACTIVITY:**

No heavy lifting or strenuous exercise for at least 1 week.

#### **DRIVING:**

It is okay to drive the day after your procedure, when you feel up to it - unless you have a catheter in. Then you cannot drive until the catheter is removed. Do not drive while on pain medication.

#### **ANTIBIOTICS:**

You have been given a prescription for antibiotics to take at home when discharged from hospital. Please make sure you take all of your antibiotics.

#### **FOLLOW-UP:**

You will need to be seen for follow-up in the office after your procedure.

If you have any questions or concerns, please call us at **(585) 232-2980**.