

Urology Associates of Rochester, LLC

**995 Senator Keating Blvd., Building E, Suite 330
Rochester, NY 14618**

Cystoscopy Bladder Biopsy for Bladder Tumor

Cystoscopy Bladder Biopsy is an office procedure in which a sample of suspicious area or growth is removed from the bladder tissue, using instruments operated through a cystoscope.

PREPARING FOR THE PROCEDURE: THINGS YOU SHOULD KNOW

1. The evening before, take one Levaquin (500 mg) tablet at bedtime.
2. You will be prescribed Valium prior to the procedure. Please bring this medication with you to be take in the office one hour prior to your procedure.
3. Please arrange for transportation to and from the office on the day of your procedure, as you may not drive after taking the sedative.
4. Food should be eaten on the day of the procedure. Eat a light breakfast if your procedure is scheduled for the morning, or breakfast and a light lunch if your procedure is in the afternoon.
5. We suggest you wear comfortable clothing.

RECOVERY: WHAT TO EXPECT

Your urine can become pink or tea-colored over the next few days. This is to be expected and is from a normal amount of bleeding after the procedure. Increasing the fluids you drink will reduce this.

INSTRUCTIONS: POST CYSTOSCOPY BLADDER BIOPSY

DIET:

1. It is okay to eat or drink whatever you want.
2. We encourage you to increase your fluid intake.

ACTIVITY:

Avoid any heavy lifting or strenuous exercise for several days.

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MEDICATION:

Continue to take your routine medication, unless your doctor has advised differently.

FOLLOW-UP:

You will need to be seen for a follow-up.

If you have any questions or concerns, please call us at **(585) 232-2980**.