

# Urology Associates of Rochester, LLC

995 Senator Keating Blvd., Building E, Suite 330  
Rochester, NY 14618

## Penile Prosthesis

Penile prosthesis is a surgical procedure that involves the insertion of an artificial device to improve erectile function.

### **PREPARING FOR SURGERY: THINGS YOU SHOULD KNOW**

1. Generally, you will be hospitalized for 24 hours after surgery.
2. If you are on IBUPROFEN or drugs for ARTHRITIS or INFLAMMATION, please discontinue five days before the procedure. If you are on ASPIRIN or aspirin products, please discontinue two weeks before the procedure. If you are on HERBAL SUPPLEMENTS, please discontinue one week before the procedure.
3. If you are on COUMADIN, please consult your primary care physician or cardiologist before discontinuing.
4. If you take antibiotics prior to dental work, have an orthopedic prosthesis, or were told by another physician to take antibiotics prior to surgery, please call the office.
5. If you take blood pressure, thyroid, or seizure medication, you may take it with a sip of water the morning of your surgery.
6. No eating or drinking after midnight the night before your surgery except for medications as previously indicated.
7. No alcohol for 24 hours prior to surgery.
8. We suggest that you wear comfortable clothing.
9. You will be receiving anesthesia for this surgery. You will see an anesthesiologist who will discuss this with you prior to your surgery.

# **Urology Associates of Rochester, LLC**

**995 Senator Keating Blvd., Building E, Suite 330  
Rochester, NY 14618**

## **Penile Prosthesis**

### **RECOVERING FROM SURGERY: WHAT TO EXPECT**

1. You will be in the hospital for about 24 hours after surgery.
2. You have been given a prescription for antibiotics to take at home when discharged from the hospital . Please make sure that you finish all of your antibiotics.
3. You have been given a prescription for pain medication to take at home when discharged from the hospital. Take the medication as needed for your discomfort.
4. You may experience some burning, penile and scrotal swelling or bruising. This is normal.
5. The penile device cannot be activated or used for 6 weeks after your surgery or until the doctor instructs you that it is okay to use.
6. Apply ice packs to the incision for 24-48 hours (do not put directly on the incision - use a towel or cover for the ice).
7. It is recommended that you wear a scrotal support for 2 weeks after the surgery.

### **INSTRUCTIONS: POST PENILE PROSTHESIS**

#### **DIET:**

1. It is okay to eat or drink whatever you want.
2. We encourage you to increase your fluid intake.

#### **ACTIVITY:**

1. It is okay to shower. No bathing.
2. It is okay to climb stairs when discharged from the hospital.
3. Walking is good exercise; it improves circulation. Do not overdo it! Go easy at first and slowly increase the distance, as you feel better.
4. Avoid any heavy lifting or strenuous exercise for at least 4-6 weeks to allow the incision time to heal.

# **Urology Associates of Rochester, LLC**

**995 Senator Keating Blvd., Building E, Suite 330  
Rochester, NY 14618**

## **Penile Prosthesis**

### **DRIVING:**

No driving until seen in the physician's office. Do not drive while on pain medication. Please note: You may not drive yourself home from the hospital.

### **SEXUAL ACTIVITY:**

The penile device cannot be used or activated for 6 weeks or until advised by the doctor.

### **ANTIBIOTICS:**

You have been given prescriptions for antibiotics to take at home when discharged from the hospital. Please make sure you take all of your antibiotics.

### **INCISION SITE:**

Observe the incision daily. Some redness, bruising, swelling and drainage at the incision site is normal. If you notice any increased redness, increased tenderness, cloudy (pus-like) drainage from the incision and develop fever and/or chills, please call the office.

Wear scrotal support for 2 weeks.

### **BOWELS:**

One should avoid straining during a bowel movement. You may be given a stool softener to promote regular bowel movements, or you may elect to use Metamucil, or add fruits and vegetables to your diet. 30 cc of Milk of Magnesia is recommended if your stools are hard or if you feel constipated.

# **Urology Associates of Rochester, LLC**

**995 Senator Keating Blvd., Building E, Suite 330  
Rochester, NY 14618**

## **Penile Prosthesis**

### **MISCELLANEOUS:**

You may experience burning on urination due to the Foley catheter insertion during surgery. This will resolve in several days.

If you have a pump mechanism, gently apply traction to the pump twice daily to keep it in proper dependent position within the scrotum. If you experience auto-inflation of the device during the first six weeks, please call the office.

### **FOLLOW-UP:**

Our office staff has enclosed an appointment card for a follow-up appointment in the office. **Your follow up office visit has been scheduled for:**

If you have any questions or concerns, please call us at **(585) 232-2980**.